# Support Normal Bowel Function<sup>†</sup>

### **SCIENCE BASED NUTRITION**

- Easy to swallow vegetable capsules
- Supports normal bowel regularity †
- Sugar Free
- Use as needed or as directed by a medical professional

• Contains ACTIValoe<sup>®</sup> - Powered by nature. Proven by science, guaranteed polysaccharides 8% †

• Contains Magnesium Citrate -Supports normal relaxed digestive system muscles and normal hydration to the bowel †

• Contains Fibersol-2<sup>®</sup> - Fibersol-2<sup>®</sup> is a soluble dietary fiber that is GRAS certified

• Contains Nopal Cactus - Nopal Cactus naturally contains insoluble fibers, which have been reported to support normal absorption of excess water.<sup>†</sup>

• Aids in supporting ideal stool size and form.†

45<u>0mg</u>'

550ma

## HOW REGULEZE™ CAN HELP YOU?

Proactive Nutra's Reguleze<sup>™</sup> is formulated to help support normal bowel functions. Four special ingredients have been selected for their ability to support your body's digestive health.

• **ACTIValoe**<sup>®</sup> - ACTIValoe<sup>®</sup> is part of the world's largest grower and processor of aloe vera ingredients. Since it is grown in a sustainable farming environment, ACTIValoe<sup>®</sup> is made from the purest and most dependable aloe vera plants available.†

• **Magnesium Citrate** - This mineral is commonly used to clean stool from the intestines before surgery or other bowel procedures.<sup>†</sup> When used as a daily supplement, magnesium citrate shows superior bioavailability after 60 days of treatment when compared to other magnesium preparations (Mg amino-acid chelate and Mg oxide).

• **Fibersol®-2** – Fibersol®-2 helps support and maintain intestinal regularity, while supporting normal bowel function.† With no added taste, color or flavor, Fibersol®-2 is a concentrated form of dietary fiber that is highly soluble and helps minimize bloating or gastric discomfort. †

• **Nopal Cactus** – Nopal Cactus has been reported to help enhance the ability to retain water in the body in order to support normal bowel movement.<sup>†</sup> According to *lifehack.org*, "eating [nopal cactus] has also helped to improve the digestion process in humans."<sup>†</sup>

### Supplement Facts

Serving Size: 2 capsules Servings Per Container: 30

Amounts Per Serving Magnesium Citrate PAN Reguele™ Complex Nopal Cactus Fibersol 2® Alco bethadopcia Ext. (ACTI\/alco®)

Aloe barbadensis Ext. (ACTIValoe®)

\*Daily Value not established

ACTIValoe® is the registered trademark of Aloecorp and utilizes two patented manufacturing methods to enhance biological activity. Fibersol®-2 is a soluble dietary fiber produced by ADM/Matsutani LLC.

## PROBLEMS WITH CONSTIPATION? DO YOU NEED RELIEF?

According to *niddk.nih.gov*, constipation affects about 42 million people in the United States and is one of the most common problems of the gastrointestinal tract (GI tract). While there are many causes of constipation, an individual can experience serious health problems if they delay their care. Some can experience

fewer-than-normal bowel movements, stool that is difficult or painful to pass and pain/bloating in their abdomen.

Supporting normal bowel function is key to restoring good health. Reguleze™ provides special ingredients to support your body's digestive health. †

**PROACTIVE NUTRA** 

Supports Normal Bowel Function

DIETARY SUPPLEMENT

ACTIValor

60 Vegetarian Capsulet

Magnesium Citri Fibersol-2\*

REALL

When it comes to normal bowel function, Proactive Nutra's Reguleze™ should be you #1 choice.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

